

U-8 Age group Modified Rules

1. Shin guards must be worn at all times. This included all practices and games. This is for safety purposes.
2. Shin guards must be covered by a sock.
3. They will play with 6 players on the field this includes the GOALIE. We will be playing with goalies.
4. The game will consist of four 9 minute quarters with 2 minutes between each quarter and 5 minutes between halves.
5. Start the game will be done with a toss of a coin with a member of both teams there, visiting team calling the toss.
6. The winner of the toss gets to pick if they want to kick off or pick which goal they will defend. The team who kicks off at the beginning will then be receiving after the half.
7. A kick off will start the game with the defending team outside the middle circle. You can't be inside the circle unless you are the kicking team.
8. The player kicking the kick off must only kick it once until it has been touched by another player on his team or the other team. Ball must also roll forward when kicking it off, it can't go backwards or it is a re-kick.
9. The start of the 2nd and 4th quarter will be started where the last play took place when time was called. If it was in the middle of play then a drop kick will be done in area of play.
 - B. A drop kick is where a player from each team stands by referee and the referee will drop the ball on the ground. The players have to wait until the ball hits the ground before they can play it.
 - C. If the call ended up on a goal or corner kick or a throw in that is where the play will resume.
 - D. Ball in and out of play.

- C. At this age a whistle needs to be blown and the one blowing the whistle need to explain to the player the reason for the whistle explaining to them we do not play that way.
After this has been done then the team the foul was not called on gets to get an indirect kick. All defenders need to back away at least 10 feet.
- D. There will be no Direct Kicks in this league. All kicks will be and Indirect Kick.
- E. When the Goalie has control of the ball the players are not allowed to kick the ball. This is for the protection of the goalie.

16.HANDS.

- A. There will be no hands used except for the goalie.
 - 2. If there is a hand ball then the whistle will blow and the team that didn't commit the foul will receive an INDIRECT KICK at the spot of the foul.
We need to remember that this is for our children. We want to teach them the basics and this age and as they grow in age the rules will be added to and increases. As adults we need to understand that not all things may be call and seen by the referee and so remember no one is perfect and all make mistakes. As adults we need to encourage out children to be good sports and play hard. Also we need to be dedicated to our teams. These teams only have 5 or less players on a team making it so all children can have a great experience of learning and getting a lot of play time.

At this age the coaches may be the referees on the fields unless you have a parent who is willing to be the referee so you can coach your team. It is not hard to be a referee at this age. You may also need someone to keep tome of the game.

Please start your games on time so that those who have others on the 7-10 year old teams will be able to have time to get them there or to watch. Be supportive of our children.

Make sure all children have equal amount of playing time. Some will play more than others if you only have a few players. Try to be fair in play time.

- E. A ball must completely go over the line for it to be called as out. If the ball is still on the line it is still playable. If the ball happens to go out on the sideline the team that did not kick the ball gets a THROW IN.
 - 2. A throw in is done from the point the ball goes out of play done with the ball coming from behind the head with both hands and both feet must stay on the ground. If this happens to be done wrong they get a second chance to do it right.
- F. If the ball goes out on the back side of the goal, kicked out by the defending team, then it is considered a CORNER KICK.
 - 2. A CORNER KICK is done from the corner on the side the ball went out.
You place the ball in the corner and the team that didn't kick the ball out kicks the ball. Defenders need to be at least 10 feet away.
- G. If the ball goes out on the back side of the goal, but is kicked out by the offensive team then it is considered to be a GOAL KICK.
 - 2. A GOAL KICK is done by placing the ball on the corner of the goal box on which side the ball went out. This kick is done by the goalie or one of the defenders. On this kick no one on the offense may be inside the goal box. They must be on the outside of the goal box.

14.METHOD OF SCORING

- A. A goal is scored when the ball crosses over the line of the goal between the bars and under the crossbar.
- B. No scores are kept and no record of standing will be maintained.
- C. If a goal is scored then the ball comes back to the center circle and the team that was defending the goal at the time of the score gets to kick off.

15.FOULS AND MISCONDUCT

- A. No tripping, kicking, jumping at or charging, striking or pushing of the opponent.
- B. We need to play the ball not our opponent.

No one wins in this age group. WE ARE ALL WINNERS!!!